

BACK TO CALM WORDSEARCH

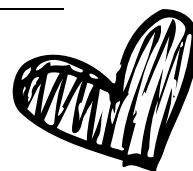
Can you search for all the things that can help when you are feeling anxious or stressed.

B W N D X R X W A H I V I S H O H T H H
N U E J E B N P B E J Z W T I G P C C X
M U N V T M I I H M P V Y M U E T G S F
F D O K W R I T E M H N P A C E G Z S A
R Y M X C H A B B W A Z L C R R P K X J
B Q P B Z E P V Q T T S A T D Y N N O X
I W R S R V W J E D N N S W R M X I L V
Y X B B Q M U R B S A D C A N O K R G T
Q I P P E K F W M H F N I R G Y E G K O
J H I X L F Y I V T Q P C R Q E U O I S
T N Z A O K Z A R Z R W D E B H C M B N
I O T G V Z K C X H E D V L N D N K E B
E T C I Y N S U G M O V E A L W Q R S Y
Y I U G E K K Q V G S N R X V G F E U O
F C F Q G O N V C R L M L C U H Z W O N
S E J Z J D A J I F T G C S F X H L R L
X G H D R R Y R X F D V S M X V A F P Y
B B Z H M E V F U D D R X H Q F V W D W
E C Q F B Y N W N N S H A K E S Y C F Y
L D E X P W G P C L R R J W J F F X X M

BREATHE
LAUGH
HUG
SHAKE
RUN

STRETCH
TALK
MASSAGE
WRITE
ACCEPT

MOVE
RELAX
NOTICE
DRAW
DANCE



© 2020 Relax Kids Ltd

MONSTER MUDDLES - CAN YOU UNTANGLE THESE MONSTER FEELINGS?

RGNAY YUMPRG REDCAS NIXOUSA SETUP

RYWOR OODYM ONELLY DRESSTES DSA